





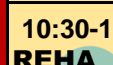


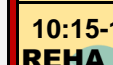

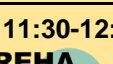
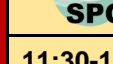
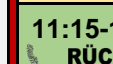
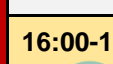

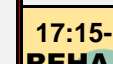
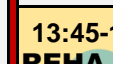
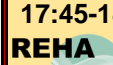

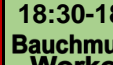


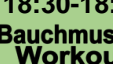
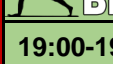
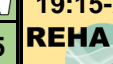


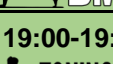






Öffnungszeiten:

Mo.-Mi. 8:30-22 Uhr / Do. 8:30-13 Uhr & 16-22 Uhr  
Fr. 8:30-21 Uhr / Sa., So & Feiertags 10-15 Uhr

Montag		Dienstag		Mittwoch		Donnerstag		Freitag		Samstag	Sonntag
Raum 1	Raum 2	Raum 1	Raum 2	Raum 1	Raum 2	Raum 1	Raum 2	Raum 1	Raum 2		
9:30-10:15 <b>RÜCKEN &amp; RELAX</b> 		9:30-10:15 <b>REHA SPORT</b> 		9:30-10:15 <b>REHA SPORT</b> 		9:30-10:15 <b>RÜCKEN GYMNASTIK</b> 		9:15-10:00 <b>REHA SPORT</b> 		<i>im Wechsel gerade KW</i>	
10:30-11:15 <b>REHA SPORT</b> 		10:30-11:15 <b>REHA SPORT</b> 		10:30-11:30 <b>TONING WORKOUT</b> 		10:30-11:30 <b>PILATES</b> 		10:15-11:00 <b>REHA SPORT</b> 			11:45-12:30 <b>TONING WORKOUT</b> 
11:30-12:15 <b>REHA SPORT</b> 		11:30-12:15 <b>REHA SPORT</b> 						11:15-12:00 <b>RÜCKEN GYMNASTIK / Rund um Fit</b> 		<i>im Wechsel ungerade KW</i>	
		16:00-16:45 <b>REHA SPORT</b> 									
		17:00-17:45 <b>REHA SPORT</b> 				17:15-18:00 <b>REHA SPORT</b> 		13:45-14:30 <b>REHA SPORT</b> 			
	17:45-18:30 <b>REHA SPORT</b> 	18:00-18:45 <b>RÜCKEN GYMNASTIK</b> 		18:30-18:50 <b>Bauchmuskel Workout BMW</b> 		18:15-19:00 <b>REHA SPORT</b> 	18:15-19:00 <b>aero Sling</b> 				
18:30-18:50 <b>Bauchmuskel Workout BMW</b> 				19:00-19:45 <b>TONING WORKOUT</b> 		19:15-20:00 <b>REHA SPORT</b> 		16:00-16:45 <b>REHA SPORT</b> 		11:15-12:00 <b>LANGHANTEL WORKOUT</b> 	
19:00-19:45 <b>TONING WORKOUT</b> 				20:00-21:00 <b>YOGA</b> 							
20:00-20:45 <b>aero Sling</b> 								18:30-20:00 <b>RÜCKEN intensiv GYMNASTIK</b> 